From: Clair Bell. Cabinet Member for Adult Social Care and Public

Health

Anjan Ghosh, Director of Public Health

To: Health Reform and Public Health Cabinet Committee

17 January 2023

Subject: Performance of Public Health Commissioned Services

(Quarter 2 2022-23)

Classification: Unrestricted

Previous Pathway: None

Future Pathway: None

Electoral Division: All

Summary: This report provides an overview of the Key Performance Indicators (KPIs) for Public Health commissioned services. In the latest available quarter, July to September 2022, eight of 15 KPIs were RAG rated Green, five Amber, and two Red.

Recommendation: The Health Reform and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Q2 2022/23.

1. Introduction

- 1.1. A core function of the Cabinet Committee is to review the performance of services which fall within its remit.
- 1.2. This report provides an overview of the Key Performance Indicators (KPIs) for the Public Health services that are commissioned by Kent County Council (KCC) and includes the KPIs presented to Cabinet via the KCC Quarterly Performance Report (QPR). Appendix 1 contains the full table of KPIs and performance over the previous five quarters.

2. Overview of Performance

2.1. Of the 15 targeted KPIs for Public Health commissioned services, eight achieved target (Green), five were below target although did achieve the floor standard (Amber) and two did not achieve the floor standard (Red). These red KPIs relate to the number of young people exiting specialist substance misuse services with a planned exit and the number of clients currently active within One You Kent services being from the most deprived areas in Kent.

3. Health Visiting

- 3.1. In Q2 22/23, the Health Visiting Service delivered 17,454 mandated universal contacts and is on track to meet the annual target of mandated universal contacts. The KPI for the number of new birth visits has changed, from delivery of the visit within 30 days of birth to delivery of the visit now within 10–14 days of birth. In total, 98.7% of new birth visits were delivered within 30 days and 93.9% were delivered within 10–14 days, which is just below the 95% target. There are several reasons why a new birth visit will take place outside of day 10–14, including families who move into or out of the Kent area, babies who are an inpatient within a neonatal unit or cancellations. All families are offered a new birth visit, the majority of which take place in their home. Performance of the two-to-two and a half year health and wellbeing review is 85.3%, which is within the target (80%) but has decreased slightly from 91% in Q4 2021/22. There was a slight increase in the number of Do Not Attends (DNAs) reported in September, which has led to this reduction. The provider will be obtaining feedback from families to help improve the take up of the review and to reduce DNAs.
- 3.2. This quarter there were 374 breastfeeding support groups run across the county's districts.

4. Adult Health Improvement

- 4.1. The number of eligible people receiving an NHS Health Check (12-month rolling) is below the target of 23,844, however remains on an upward trend. In Q2 22/23, there were 5,610 checks delivered representing a 25% increase compared to Q2 21/22, demonstrating the continued growth of activity. In the quarter there were 24,229 1st invites issued, the highest number since before the pandemic as the NHS Health Check programme continues to focus on building activity to prepandemic levels. KCC and the provider are working to increase GP participation with efforts ongoing to bolster the capacity of the provider core team due to the number of non-providing GPs increasing to 9.
- 4.2. In Q2 22/23, the smoking cessation service reported a quit rate of 62%. Referrals into the service continue to gradually increase quarter on quarter from the initial onset of the pandemic. There are some current projects linked to work within the NHS that will soon impact on the delivery of the Stop Smoking Service; Smoking workers being based within Maternity Services, and individuals attending acute NHS services being encouraged to access smoking support. Both of these workstreams could impact upon referrals, however it is unclear at present whether referrals to the service will increase or decrease as a consequence. Public Health specialists are working with NHS colleagues to ensure that the Stop Smoking Service is involved and prepared to support these workstreams as appropriate. Kent also recently undertook a pilot involving utilising vaping products to support quits 1,000 vouchers were distributed to clients as part of the pilot and initial results appear positive.
- 4.3. In Q2 22/23, 46% of individuals active across One You Kent services were from the most deprived quintiles. In Districts with lower levels of deprivation, it can

also be more challenging to engage those from lower quintiles. The providers continue to target services towards this cohort by delivering services in their localities and undertaking engagement events at community hubs. Services are open access, and a large number of referrals are from GPs, who are incentivised to refer clients to weight management services.

5. Sexual Health

5.1. In Q2 22/23, the Sexual Health Service experienced the highest number of first-time patient attendances on record (7,948), an increase of 16.2% compared to the previous quarter. The Sexual Health Service continued to achieve the 95% target for the percentage of first-time patients being offered a full sexual health screen. This is despite the increased demand for the service and the strain placed upon the service by the mpox outbreak this quarter. Service users, where appropriate, continue to be directed initially to the online Sexually Transmitted Infection (STI) testing service prior to booking a face-to-face appointment in the clinic for asymptomatic and some symptomatic cases. This has been a change since COVID-19 and is proving to be more effective and efficient in that it is resulting in additional appointment slots being made available for treatment.

6. Drug and Alcohol Services

- 6.1. Community Drug and Alcohol Services continue to perform above target for the proportion of successful completions from drug and alcohol treatment. The number accessing treatment is stable and the services are working to ensure they are accessible to all individuals, including underserved groups.
- 6.2. In Q2 22/23, the Young Person's Service received 120 referrals, representing an increase of 21% compared to Q2 21/22. The amount of young people exiting treatment in a planned way this quarter has decreased to 57% from 78% in the previous quarter. This represents 25 planned exits, 1 transfer and 18 unplanned exits. The unplanned exits are all due to young people disengaging. Of those young people who exited treatment in a planned way, 40% reported abstinence. Due to the nature of reporting on low numbers, commissioners expect fluctuations in performance for planned exits. The commissioners and providers are working together to monitor and understand ways to improve the number of planned exits in the future, and any actions required on disengagement.

7. Mental Health and Wellbeing Service

7.1. In Q2 22/23, Live Well Kent (LWK) referrals have increased slightly compared to Quarter 1. 50% of these referrals were self-referrals. The LWK providers have been asked to focus on increasing the number of people completing the exit survey. In this quarter, the number of people completing the family and friend element of the exit survey increased by 28% compared to the previous quarter. The client satisfaction rate for Q2 22/23 was Amber at 97%, slightly below the 98% target. The increased target of 98% was agreed for 22/23 for the last year of the current contract. In October 2022, LWK and Medway won the 'Excellent Partnerships' award at the Kent Housing Awards.

8. National Child Measurement Programme

8.1. In 21/22, the National Child Measurement Programme (NCMP) participation rates for Year R and Year 6 were slightly below the 90% target at 88% and 87%, respectively. Participation rates were affected by high absentee rates in schools as a result of COVID-19, and other factors, for example school trips and SATS based activities. The service provider is already working with schools to realign programmes in 22/23 to maximise uptake and engagement to support school health action plans whilst ensuring they meet school need and availability.

9. Conclusion

- 9.1. Eight of the fifteen KPIs remain above target and were RAG rated Green.
- 9.2. Commissioners continue to explore other forms of delivery, to ensure current provision is fit for purpose and able to account for increasing demand levels in the future.

10. Recommendations

Recommendation: The Health Reform and Public Health Cabinet Committee is asked to **NOTE** the performance of Public Health commissioned services in Q2 2022/23

11. Background Documents

None

12. Appendices

Appendix 1 - Public Health Commissioned Services KPIs and Key.

13. Contact Details

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